

World cuisines



By Daksh Madhu

What is a Cuisine

- A cuisine is a style of cooking characterized by distinctive ingredients, techniques and dishes, and usually associated with a specific culture or geographic region. Regional food preparation traditions, customs and ingredients often combine to create dishes unique to a particular region example, Indian cuisine, Chinese cuisine and Brazilian cuisine.



Indian cuisine

- Indian cuisine is spicy so if you can handle spice this is the one for you. Indian cuisine is tasty if you can handle spice but there are various different types of food and that you will want to eat. For food there are paratha chicken biryani mutton biryani chapati chicken tikka, chicken tikka masala, paneer (type or cheese), samosa idli dosa sambar fish curry chicken curry and many more.



Chinese cuisine

- Chinese cuisine is an important part of Chinese culture, which includes cuisine originating from the diverse regions of China, as well as from Overseas Chinese who have settled in other parts of the world. In Chinese cuisine there are dumplings, sushi, Sichuan pork, Chow Mein, Hotpot, Braised Pork Balls in Gravy, Peking Roasted Duck, and many more



Mexican cuisine

- Mexican cuisine began about 9,000 years ago, when agricultural communities such as the Maya formed, domesticating maize, creating the standard process of maize nixtamalization, and establishing their foodways. Successive waves of other Mesoamerican groups brought with them their own cooking methods. These included the Olmec, Teotihuacan's, Toltec, Huastec, Zapotec, Mixtec, Otomi, Purépecha, Totonac, Mazatec, and Mazahua. In Mexican cuisine there are tamales, Mole, Enchiladas, Burrito, Taco, Salsa, Nachos, Panucho and many more.



Italian cuisine

- Italian cuisine has a great variety of different ingredients which are commonly used, ranging from fruits, vegetables, sauces, meats, etc. In the North of Italy, fish (such as cod, or baccalà), potatoes, rice, corn (maize), sausages, pork, and different types of cheeses are the most common ingredients. In Italian cuisine there are pizza, Lasagne, Arancini, Osso buco alla Milanese, Prosciutto, Ribollita, Saltimbocca and many more.

