

Food Miles for my Cupboards and Fridge

UK (England, Scotland, Wales and Northern Ireland)

Lyles golden syrup
Bournville cocoa
Nescafe coffee
Tilda brown basmati rice
Barratt chewy nougat
Fresh soured cream
Sweet pickled onions
steak

England

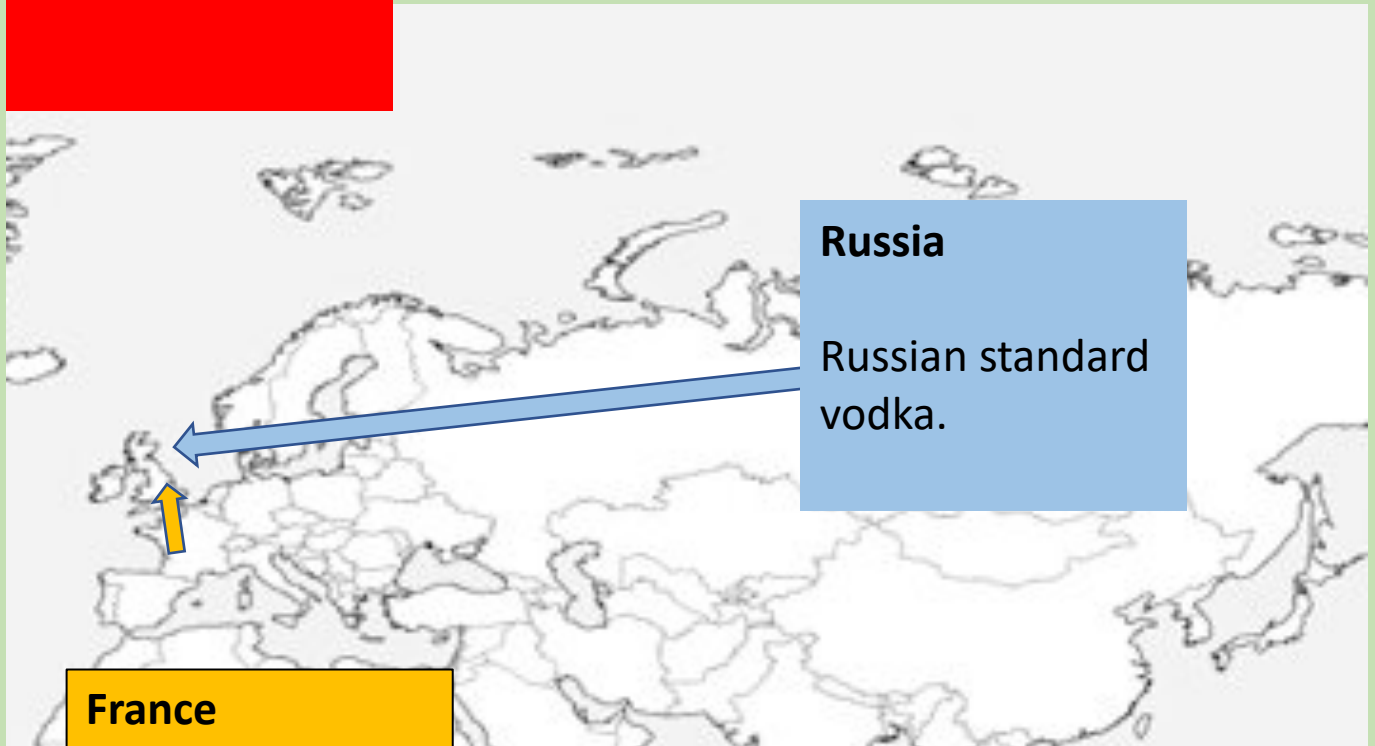
Sarsons vinegar
Sour flyers

Russia

Russian standard vodka.

France

Menthe verte





Homemade Calzone

I have never made one of these before. I made the dough with my mummy, it was really fun.

We made a sauce with passata, garlic and oregano. We added parma ham, cherry tomatoes and mozzarella.

I had fun making it and it was delicious, the best ever.

Max P