

GEORGE PARKINSON DAY 3 22/04/20

Today I am talking about another plant that my mum grew from a baby. This plant is called Aloe Vera

This is my mums Aleo Vera plant! I think it needs a bigger pot?



The aloe vera plant is a thick, short stemmed plant that stores water in its leaves

These plants are very clever, Do



you know why?

The watery substance in the leaves is like a gel, The gel contains most of the bioactive compounds in the plant, including vitamins, minerals, amino acids and antioxidants. Aloe vera is a popular medicinal plant that is used in the cosmetic, pharmaceutical and food industries. Its leaves are full of a gel-like substance that contains numerous beneficial compounds.



I think it looks disgusting!



Facts about the Aloe Vera Plant

- Antioxidant and antibacterial properties
- Accelerates the healing of burns
- Reduces dental plaque
- Helps treat canker sores...such as mouth ulcers
- Reduces constipation
- May improve skin and prevent wrinkles
- Lowers blood sugar levels
- Aloe Vera is good for your hair

I think this plant is very clever! I just thought it was a plant!!!!didn't realise it was this useful... I think it's a cool plant



Aloe vera is a succulent plant species of the genus Aloe. An evergreen perennial, it originates from the Arabian Peninsula, but grows wild in tropical, semi-tropical, and arid climates around the world !

How do they Grow???? They are like cacti, grow best in dry conditions. When planting they should plant them in a cactus potting soil mix or a regular potting soil that has been amended with additional perlite or building sand. ... Aloe vera plants need bright light, so they do best in south- or west-facing windows! Ours is kept in the bathroom window, it seems to like it in there!



Can you eat
it???



Yes you can!!!!

Aloe vera gel is safe to eat, it has a clean refreshing taste and can be added to many recipes, including smoothies and salsas! I love smoothies but not sure id like to eat a plant!!

