## Sport – Football

| Year 1  | Year 2   | Year 3  | Year 4  | Year 5   | Year 6  |
|---|--|---|---|--|---|
| Begin to keep<br>control of the ball<br>whilst moving   | Keep control of the<br>ball whilst safely<br>navigating into<br>space            | Dribble with<br>different parts of<br>the foot with<br>increasing speed<br>(Inside, outside,<br>sole) | Dribble with<br>different parts of<br>the foot, starting<br>to change direction<br>at speed and evade<br>defenders. | Confidently dribble<br>with different<br>parts of the foot in<br>a game situation  | Perform turns on<br>the ball to change<br>direction to keep<br>the ball, being able<br>to do these at<br>pace, using a<br>variety of turns                |
| Begin to kick the<br>ball towards a<br>target with<br>accuracy. (using<br>inside of foot, not<br>toes.) | Kick the ball<br>towards somebody<br>else with accuracy.<br>(inside of the foot) | Pass and receive a<br>ball with a partner<br>or small group using<br>correct technique.               | Pass and receive a<br>ball in a small group<br>using correct with<br>pressure from a<br>defender                    | Pass and receive a<br>ball with a partner<br>or small group using<br>correct technique<br>over a longer<br>distance in a game<br>situation | Pass and receive<br>the ball accurately<br>with different<br>parts of the foot,<br>keeping possession<br>of the ball for a<br>period of time as a<br>team |

| Follow instructions   | Follow simple rules<br>in a modified game  | Begin to<br>understand the<br>roles of positions<br>on the pitch in an<br>small sided game                                    | Understand and<br>play in a variety of<br>positions in a small<br>sided game<br>following basic<br>football rules | Begin to<br>understand the<br>demands of<br>positions on the<br>pitch in a small<br>sided game in<br>different principles<br>of play such as in<br>possession and out<br>of possession. | Apply and share<br>knowldege of the<br>demands of<br>positions in a game.<br>Understand and<br>apply knowledge of<br>the rules of the<br>game. |
|---|--|---|---|---|--|
| Begin to keep<br>possession of the<br>ball in challenging<br>situations | Begin to keep<br>possession of the<br>ball as a team and<br>start to<br>understand how to<br>gain possession<br>from opponents | Attacking and<br>defending 1v1, and<br>how to do this<br>effectively. Begin<br>to apply these<br>tactics in modified<br>games | Apply taught<br>attacking and<br>defending<br>strategies in a<br>modified game                                    | Work effectively<br>as part of a team<br>to keep and gain<br>possession of the<br>ball. Reflecting and<br>improving upon<br>attacking and<br>defending tactics                          | Develop own tactics<br>and apply these in<br>game situations,<br>communicating<br>these with team<br>mates.                                    |