

Sport - OAA

Skills	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<u>Develop a range of OAA skills</u>	I can apply basic fundamental movements skills to OAA activities.	I can complete basic OAA activities, developing skills such as communication, and understanding instructions. Using picture diagrams.	I can apply basic skills to a range of OAA activities. Be able to use maps and other basic OAA elements to complete the activities.	I can apply a range of skills to OAA activities with confidence.	I can apply OAA principles across a range of activities with confidence and success.	I can apply OAA principles across a wide range of activities with understanding, confidence and success. I can apply tactics across the activities.
<u>Work effectively with others</u>	Work with a partner.	Positively work with a partner, sharing ideas.	Work with a small group of pupils to complete OAA activities. Taking their	Work well with a group of pupils to complete a range of OAA activities with success and	I can work effectively with a range of different pupils, together we can successfully	I can work effectively with a range of different pupils, together we can successfully

			ideas on board	ensuring all teammates are involved	complete a range of OAA activities. Reflecting upon what worked well	and confidently complete a range of OAA activities. Ensuring everyone in the group is involved and working to their strengths.
<u>Develop communication skills</u>	I can show basic listening skills with the teacher and small groups.	I can show basic listening and communication skills when working in a pair.	I can show listening and communication skills when working in a small group.	I can show effective listening and communication skills when working in small groups.	I can show effective listening and communication skills when working groups. I can ensure I remain calm and share my ideas.	I can show effective listening and communication skills when working with different groups of pupils. I can explain the importance of effective

						communication
<u>Lead healthy active lifestyles.</u>	Be aware of some healthy choices.	Make some informed healthy choices while at school. E.g. Having some fruit at break time or joining in lunch time clubs.	Make informed healthy choices at school.	Make informed healthy choices in school and at home.	Make informed healthy choices at school and at home. Be able to highlight some positive impacts of those healthy choices.	Make informed healthy choices at school and at home. Be able to highlight multiple positive impacts of healthy choices. Long and short term.
<u>Be Physically active for sustained periods of time.</u>	Apply fundamental movement skills to a range of OAA activities	Apply and develop fundamental movement skills to a range of OAA activities.	Apply and develop OAA skills, complete all activities within the lesson.	Apply and develop OAA skills, complete all activities within the lesson. Begin to partake in other physical activity	Apply and develop OAA skills, complete all activities within the lesson. Partake in other physical activity opportunities	Apply and develop OAA skills, complete all activities within the lesson. Partake in other physical activity opportunities

				opportunities.	inside school time.	inside and outside of school time. Actively search for opportunities to be more physically active.
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